

SHREE HANUMAN CHALISA

With English meanings

DOHA

Shree guru charan saroj raj nij manu mukuru sudhari |
Barnau raghuvar bimal jasu jo dayak phal chari ||1 ||

Budhi hina tanu janike sumirau pavan kumar |
Bal budhi vidya dehu mohi harahu kalesa vikar || 2 ||

CHAUPAIS

Jai hanuman gyan gun sagar | Jai kapis tihun lok
ujagar ||

Ramdoot atulit bal dhama | Anjani putra pavansut
nama ||

Mahabeer bikram bajrangi | Kumati nivar sumati ke
sangi ||

Kanchan baran biraaaj subesa | Kanan kundal kunchit
kesa ||

Hath bajre aur dhvaja biraje | Kandhe moonj janeu
saaje ||

Shankar suvan kesari nandan | Tej pratap maha jag
vandan ||

Vidyavan guni ati chatur | Ram kaj karibe ko atur ||

Prabhu charitra sunibe ko rasiya | Ram lakhan sita
man basiya ||

Sukshma roop dhari siyahi dikhava | Bikat roop dhari
lank jerava ||

Bhim roop dhari asur sanhare | Ramchandra ke kaaj
savare ||

Laye sajivan lakhan jiyaye | Shri raghubir harish ur
laye ||

Raghupati kinhi bahut badai | Tum mam priya bhara
sam bhai ||

Sahas badan tumhro jas gave | Asa kahi shripati kanth
legave ||

Sankadik bhramadi muneesa | Narad sarad sahit
aheesa ||

MEANING

With the dust of Guru's Lotus feet, I clean the mirror of my mind and then narrate the sacred glory of Sri Ram Chandra, The Supreme among the Raghu dynasty. The giver of the four attainments of life.

Knowing myself to be without wisdom and power, I urge you, O Hanuman, The son of Pavan! O Lord! kindly Bestow on me strength, wisdom and knowledge, removing all my miseries and blemishes.

MEANING

Victory of Thee, O Hanuman, Ocean of wisdom and virtue, victory to the Lord of monkeys who is well known in all the three worlds.

You, the Divine messenger of Ram and repository of immeasurable strength, are also known as Anjaniputra and known as the son of the wind - Pavanputra.

Oh Hanumanji! You are valiant and brave, with a body like lightning. You are the dispeller of darkness of evil thoughts and companion of good sense and wisdom.

Shri Hanumanji's physique is golden coloured. His dress is pretty, wearing 'Kundals' ear-rings and his hairs are long and curly.

Shri Hanumanji is holding in one hand a lighting bolt and in the other a banner with sacred thread across his shoulder.

Oh Hanumanji! You are the emanation of 'SHIVA' and you delight Shri Keshri. The entire world propitiates. You are adorable of all.

Oh! Shri Hanumanji! You are the repository learning, virtuous, very wise and highly keen to do the work of Shri Ram.

You are intensely greedy for listening to the narration of Lord Ram's life story and revel on its enjoyment. You ever dwell in the hearts of Shri Ram-Sita and Shri Lakshman.

You appeared before Sita in a diminutive form and spoke to her, while you assumed an awesome form and struck terror by setting Lanka on fire.

He, with his terrible form, killed demons in Lanka and performed all acts of Shri Ram.

When Hanumanji made Lakshman alive after bringing 'Sanjivni herb' Shri Ram took him in his deep embrace, his heart full of joy.

Shri Ram lustily extolled Hanumanji's excellence and remarked, "you are as dear to me as my brother Bharat"

Shri Ram embraced Hanumanji saying: "Let the thousand - tongued Sheshnag sing your glories" and Shri Ram took him in his deep embrace.

Sanak and the sages, saints. Lord Brahma, the great hermits Narad and Goddess Saraswati along with Sheshnag the cosmic serpent, fail to sing the glories of Hanumanji exactly.

CHAUPAIS

MEANING

Yam kuber digpal jahan te | Kabi kobid kahin sake
kahan te ||

Tum upkar sugrivahi kinha | Ram milai rajpad dinha ||

Tumharo mantra vibhishan mana | Lankeshwar bhaye
sab jag jana ||

Jug sahastra jojanpar bhanu | Leelyo tahi madhur phal
janu ||

Prabhu mudrika meli mukh mahi | Jaladhi langhi gaye
acharaj nahin ||

Durgam kaaj jagat ke jete | Sugam anugrah tumhre te
te ||

Ram duware tum rakhvare | Hot na aagya bin paisare ||

Sab sukh lahe tumhari sharna | Tum rakshak kahu ko
darna ||

Aapen tej samharo aape | Tinau lok hank te kanpe ||

Bhoot pisach nikat nahi aave | Mahabir jab naam
sunave ||

Nase rog hare sab pira | Japat nirantar hanumat bira ||

Sankat se hanuman chhudaave | Man kram bachan
dhyani jo lave ||

Sab par ram tapasvi raja | Tinke kaaj sakal tum saja ||

Aur manorath jo koi laave | Soi amit jivan phal pave ||

Charo yug parthap tumhara | Hai parsidh jagat ujjara
||

Sadhu sant ke tum rakhvare | Asur nikandan ram
dulare ||

Ashta sidhi nau nidhi ke data | Asa bar din janki mata
||

Ram rasayan tumhare pasa | Sada raho raghupati ke
dasa ||

Tumhre bhajan Ram ko pave | Janam janam ke dukh
bisrave ||

Anta kaal raghubar pur jae | Jahan janam hari bhakt
kahai ||

Aur devta chith ne dharai | Hanumat sei sarva sukh
karai ||

Sankat kate mite sab pira | Jo sumire hanumat bal bira
||

What to talk of denizens of the earth like poets and scholars etc even Gods like Yamraj, Kuber, and Diggpal fail to narrate Hanuman's greatness too.

Hanumanji! You rendered a great service for Sugriva, It was you who united him with SHRI RAM and installed him on the Royal Throne.

By seeking your advice. Vibhishan became Lord of Lanka, which is known all over the universe.

Hanumanji gulped, the SUN at distance of sixteen thousand miles considering it to be a sweet fruit.

Carrying the Lord's ring in his mouth, he went across the ocean. There is no wonder in that.

Oh Hanumanji! All the difficult tasks in the world are rendered easiest by your grace.

Oh Hanumanji! You are the sentinel at the door of Ram's mercy mansion or His divine abode. No one may enter without your permission.

By your grace one can enjoy all happiness and one need not have any fear under your protection.

When you roar all the three worlds tremble and only you can control your might.

Great Brave on. Hanumanji's name keeps all the Ghosts, Demons & evils spirits away from his devotees.

On reciting Hanumanji's holy name regularly all the maladies perish the entire pain disappears.

Those who remember Hanumanji in thought, word and deed are well guarded against their odds in life.

Oh Hanumanji! You did all the work of even Lord Rama, who has been hailed as the Supreme Lord and the Monarch of all those devoted in penances.

Oh Hanumanji! You fulfil the desires of those who come to you and bestow the eternal nectar the highest fruit of life.

Oh Hanumanji! Your magnificent glory is acclaimed far and wide all through the four ages and your fame is radiantly noted all over the cosmos.

Oh Hanumanji! You are the saviour and the guardian angel of saints and sages and destroy all the Demons; you are the seraphic darling of Shri Ram.

Hanumanji has been blessed with mother Janki to grant to any one any YOGIC power of eight Sidhis and Nava Nidhis as per choice.

Oh Hanumanji! You hold the essence of devotion to RAM, always remaining His Servant.

Oh Hanumanji! Through devotion to you, one comes to RAM and became free from suffering of several lives.

After death he enters the eternal abode of Sri Ram and remains a devotee of him, whenever, taking new birth on earth.

You need not hold any other demigod in mind. Hanumanji alone will give all happiness.

Oh Powerful Hanumanji! You end the sufferings and remove all the pain from those who remember you.

CHAUPAIS

Jai jai jai hanuman gosai | Kripa karahu gurudev ki nai
||

Jo sat bar pat kar koi | Chhutehi bandi maha sukh hoi
||

Jo yeh padhe hanuman chalisa | Hoi sidhi saakhi
gaurisa ||

Tulsidas sada hari chera | Kije nath hriday maha dera
||

DOHA

Pavan tanay sankat haran managal murti roop ||
Ram Lakhan Sita sahith hriday basahu sur bhoop ||

MEANING

Hail-Hail-Hail-Lord Hanumanji! I beseech you Honour to bless me in the capacity of my supreme 'GURU' (teacher).

One who recites this Hanuman Chalisa one hundred times daily for one hundred days became free from the bondage of life and death, and enjoys the highest bliss at last.

As Lord Shankar witnesses, all those who recite Hanuman Chalisa regularly are sure to be benefited by all benediction.

Tulsidas always the servant of Lord prays. "Oh my Lord! You enshrine within my heart.

MEANING

O Shri Hanuman, The Son of Pavan, Saviour The Embodiment of blessings, reside in my heart together with Shri Ram, Laxman and Sita.